

Sample Type	Viral Tests Available
CSF	Herpes simplex virus 1
	Enterovirus
	Varicella zoster (VZV)
Muco-cutaneous	Herpes simplex virus types 1 & 2
	Varicella zoster (VZV)
Ocular	Herpes simplex virus types 1 & 2
	Varicella zoster (VZV)
Respiratory	Influenza A/B and RSV
	Rinovirus
	Adenovirus
	Parainfluenza Virus
	Human Metapneumovirus
Urine CMV	Cytomegalovirus



PATHOLOGY & LABORATORY MEDICINE

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<http://uvmlabs.testcatalog.org/>

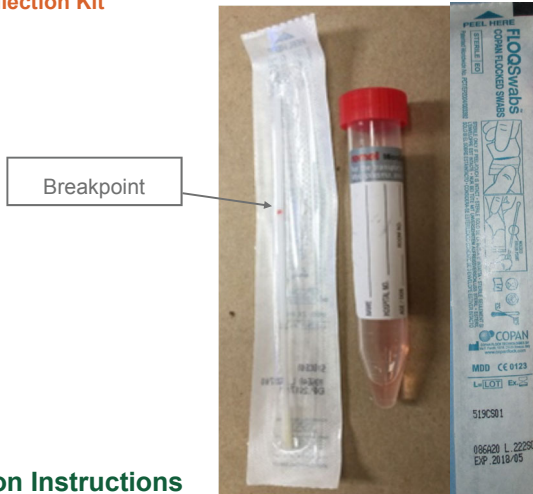
Virology Sample Collection



VIRAL STUDIES

Please collect samples with swabs provided by UVM Medical Center Laboratory. Pediatric Collection Kits are also available. Other swabs may not be acceptable. Wooden shafted swabs are inappropriate for microbiology testing. Chemicals within the shaft can be inhibitory to some bacteria and can inhibit PCR reactions. Samples on wooded shafted swabs will be rejected. Swabs are available from Lab Customer Service at (802) 847-5121 or (800) 991-2799.

Viral Collection Kit



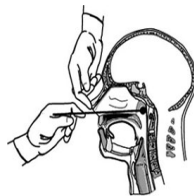
Collection Instructions for Viral Studies

- Keep sample kit at room temperature.
- After collecting Virology samples from the appropriate site break the swab into the Viral transport media, and securely recap the vial.
- Label the vial with patient name, DOB and date of collection and send to the Microbiology laboratory for testing. Refrigerate.

FLUID SAMPLES FOR VIRAL STUDIES

Sterile fluids and Bronchial washings or BAL samples should be submitted in a sterile container and Not placed in media for viral requests from these sites. Refrigerate.

Nasopharyngeal Swab Technique for respiratory viral specimen collection. (Nasopharyngeal swabs are available upon request)



Test Name	Sample Information
Inpatient/ Outpatient Influenza, RSV PCR*	Collect a nasopharyngeal specimens using a Viral Collection Kit (M6), refrigerate. Respiratory fluids should be collected in a sterile container, 1 ml minimum volume, refrigerate.
ED, Urgent Care Influenza, RSV PCR	Collect a nasopharyngeal specimens using a Viral Collection Kit (M6), refrigerate.
Expanded Respiratory Viral Panel, PCR	Collect a nasopharyngeal specimens using a Viral Collection Kit (M6), refrigerate. Respiratory fluids should be collected in a sterile container, 1 ml minimum volume, refrigerate.
Enterovirus PCR, CSF	1 ml CSF submitted in sterile container, refrigerate
Herpes Simplex Virus, PCR	Collect a swab using a Viral Collection Kit (M6), Refrigerate. CSF should be collected in a sterile container, 1 ml minimum volume, refrigerate.
Varicella zoster Virus, PCR	Collect a swab using a Viral Collection Kit (M6), refrigerate. CSF should be collected in a sterile container, 1 ml minimum volume, refrigerate.
CMV, Molecular Detection, PCR	Varies, refer to Mayo Medical Laboratories (MML) specimen requirements for details

